

# WHAT I'VE LEARNED FROM MEN

by Barbara Ehrenreich

For many years I believed that women had only one thing to learn from men: how to get the attention of a waiter by some means short of kicking over the table and shrieking. Never in my life have I gotten the attention of a waiter, unless it was an off-duty waiter whose car I'd accidentally scraped in a parking lot somewhere. Men, however, can summon a maitre d' just by thinking the word "coffee," and this is a power women would be well-advised to study. What else would we possibly want to learn from them? How to interrupt someone in mid-sentence as if you were performing an act of conversational euthanasia? How to drop a pair of socks three feet from an open hamper and keep right on walking? How to make those weird guttural gargling sounds in the bathroom?

But now, at mid-life, I am willing to admit that there are some real and useful things to learn from men. Not from all men – in fact, we may have the most to learn from some of the men we like the least. This realization does not mean that my feminist principles have gone soft with age: what I think women could learn from men is how to get *tough*. After more than a decade of consciousness-raising, assertiveness training, and hand-to-hand combat in the battle of the sexes, we're still too ladylike. Let me try that again – we're just too *damn* ladylike.

Here is an example from my own experience, a story that I blush to recount. A few years ago, at an international conference held in an exotic and luxurious setting, a prestigious professor invited me to his room for what he said would be an intellectual discussion on matters of theoretical importance. So far, so good. I showed up promptly. But only minutes into the conversation – held in all-to-adjacent chairs – it emerged that he was interested in something more substantial than a meeting of minds. I was disgusted, but not enough to overcome 30-odd years of programming in ladylikeness. Every time his comments took a lecherous turn, I chattered distractingly; every time his hand found its way to my knee, I returned it as if it were something he had misplaced. This went on for an unconscionable period (as much as 20 minutes); then there was a minor scuffle, a dash for the door, and I was out – with nothing violated but my self-esteem. I, a full-grown feminist, conversant with such matters as rape crisis counselling and sexual harassment at the workplace, had behaved like a ninny – or, as I now understand it, like a lady.

The essence of ladylikeness is a persistent servility masked as "niceness." For example, we (women) tend to assume that it is our responsibility to keep everything "nice" even when the person we are with is rude or aggressive. (In the above example, I was so busy taking responsibility for preserving the veneer of "niceness" that I almost forgot to take responsibility for myself.) In conversations with men, we do almost all the work: sociologists have observed that in male-female social interactions it's the woman who throws out leading questions and verbal encouragements ("So how did you *feel* about that?" and so on) while the man, typically, says "Hmmm." Wherever we go, ~~we're perpetually smiling – the on-cue smile, like the now-outmoded curtsy, being one of our culture's little rituals of submission.~~ We're trained to feel embarrassed if we're praised, but if we see a criticism coming at us from miles down the road, we rush to acknowledge it. And when we're feeling aggressive or angry or resentful, we just tighten up our smiles or turn them into rueful little pouts. In short, we spend a great deal of time acting like wimps.

For contrast, think of the macho stars we love to watch. Think, for example, of Mel Gibson facing down punk marauders in "The Road Warrior" ... John Travolta swaggering his way through the early scenes of "Saturday Night Fever" ... or Marlon Brando shrugging off the local law in "The Wild One." Would they simper their way through tight spots? Chatter aimlessly to keep the conversation going? Get all clutched up whenever they think they might – just might – have hurt someone's feelings? No, of course not, and therein, I think, lies their fascination for us.

The attraction of the "tough guy" is that he has – or at least seems to have – what most of us lack, and that is an aura of power and control. In an article, feminist psychiatrist Jean Baker Miller writes that "a woman's using self-determined power for herself is equivalent to selfishness [and] destructiveness" – an equation that makes us want to avoid even the appearance of power. Miller

cites cases of women who get depressed just when they're on the verge of success – and of women who do succeed and then bury their achievement in self-deprecation. As an example, she describes one company's periodic meetings to recognize outstanding salespeople: when a woman is asked to say a few words about her achievement, she tends to say something like, "Well, I really don't know how it happened. I guess I was just lucky this time." In contrast, the men will cheerfully own up to the hard work, intelligence, and so on, to which they owe their success. By putting herself down, a woman avoids feeling brazenly powerful and potentially "selfish"; she also does the traditional lady's work of trying to make everyone else feel better ("She's not really so smart, after all, just lucky").

So we might as well get a little tougher. And a good place to start is by cutting back on the small acts of deference that we've been programmed to perform since girlhood. Like unnecessary smiling. For many women – waitresses, flight attendants, receptionists – smiling is an occupational requirement, but there's no reason for anyone to go around grinning when she's not being paid for it. I'd suggest that we save our off-duty smiles for when we truly feel like sharing them, and if you're not sure what to do with your face in the meantime, study Clint Eastwood's expressions – both of them.

Along the same lines, I think women should stop taking responsibility for every human interaction we engage in. In a social encounter with a woman, the average man can go 25 minutes saying nothing more than "You don't say?" "Izzat so?" and, of course, "Hmnmnm." Why should we do all the work? By taking so much responsibility for making conversations go well, we act as if we had much more at stake in the encounter than the other party – and that gives him (or her) the power advantage. Every now and then, we deserve to get more out of a conversation than we put into it: I'd suggest not offering information you'd rather not share ("I'm really terrified that my sales plan won't work") and not, out of sheer politeness, soliciting information you don't really want ("Wherever did you get that lovely tie?"). There will be pauses, but they don't have to be awkward for you.

Is it true that some, perhaps most, men will interpret any decrease in female deference as a deliberate act of hostility. Omit the free smiles and perky conversation-boosters and someone is bound to ask, "Well, what's come over you today?" For most of us, the first impulse is to stare at our feet and make vague references to a terminally ill aunt in Atlanta, but we should have as much right to be taciturn as the average (male) taxi driver. If you're taking a vacation from smiles and small talk and some fellow is moved to inquire about what's "bothering" you, just stare back levelly and say, the international debt crisis, the arms race, or the death of God.

There are all kinds of ways to toughen up – and potentially move up – at work, and I leave the details to the purveyors of assertiveness training. But Jean Baker Miller's study underscores a fundamental principle that anyone can master on her own. We can stop acting less capable than we actually are. For example, in the matter of taking credit when credit is due, there's a key difference between saying "I was just lucky" and saying "I had a plan and it worked." If you take the credit you deserve, you're letting people know that you were confident you'd succeed all along, and that you fully intend to do so again.

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Finally, we may be able to learn something from men about what to do with anger. As a general rule, women get irritated: men get angry. We make tight little smiles of ladylike exasperation; they pound on desks and roar. I wouldn't recommend emulating the full basso profundo male tantrum, but women do need ways of expressing justified anger clearly, colourfully, and, when necessary, crudely. If you're not just irritated, but *pissed off*, it might help to say so.

I, for example, have rerun the scene with the prestigious professor many times in my mind. And in my mind, I play it like Eastwood. I start by moving my chair over to where I can look the professor full in the face. I let him do the chattering, and when it becomes evident that he has nothing serious to say, I lean back and cross my arms, just to let him know that he's wasting my time. I do not smile, neither do I nod encouragement. Nor, of course, do I respond to his blandishments with apologetic shrugs and blushes. Then, at the first flicker of lechery, I stand up and announce coolly, "All right, I've had enough of this crap." Then I walk out – slowly, deliberately, confidently. Just like a man.

Or – now that I think of it – just like a woman.